

VOLUNTEER WITH US!

REDLANDS FAMILY SERVICE

NUTRITIONAL SUPPORT PROGRAM

VOLUNTEER SHIFTS

Monday - Friday

8:30am to 11:30am

Breakfast Served

10:00am to 11:00am

Family Service provides a fresh, nutritious meal to those in need Monday through Friday. Each quarter of the year, we serve approximately **5,000 meals** to low-income individuals and those experiencing homelessness, averaging about **50 to 70 meals served per day.**

Volunteers will help with meal set-up, cooking, serving, and clean-up. No experience required. *Ages 16+.*

If you are unable to volunteer, please consider supporting financially or through food and supplies donation. redlandsfamilyservice.org/donate

**YOUR SUPPORT IS
NEEDED AS WE WORK
TO FIGHT HUNGER IN
OUR COMMUNITY.**

CONTACT US

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