FAMILY SERVICE ASSOCIATION OF REDLANDS

TO ALLEVIATE POVERTY, ENCOURAGE SELF-SUFFICIENCY, AND PROMOTE THE DIGNITY OF ALL.

NUTRITIONAL SUPPORT PROGRAM WISH LIST

Thank you for supporting our program. Your contributions help us serve 5,000 meals to low-income individuals and those experiencing homelessness each quarter, averaging to 50 to 70 meals served per day.

WARM WINTER MEALS

menu active November 1 to May 31

Bulk Items

Eggs Shredded Cheese Hash Brown Patties, Tater Tots Pancake Mix Flour Tortillas Butter Bacon Hot Dog Sausage Instant Oatmeal Fresh Vegetables Fresh Fruit Hot Chocolate Coffee, Coffee Creamer

YEAR-ROUND NEEDS

Carry-Out Items To-go Containers, Plastic Utensils, Napkins

Travel-Sized Hygiene Items

Toothbrushes, Toothpaste Shampoo, Conditioner, Body Wash Deodorant, Razors, Shaving Cream

Additional Items

Cloth Aprons for Volunteers Warm Blankets Dog Food

COOL SUMMER MEALS

menu active June 1 to October 31

Bulk Items Sandwich Meat Sliced Bread Sliced Cheese Lettuce, Bagged Salad Peanut Butter, Jelly Chips, Fruit Cups, Granola Bars Packaged Desserts Fresh Vegetables Fresh Fruit Condiments Lemonade Mix

DONATE A LUNCH

We also accept donations of sandwiches or complete lunches. We recommend that a complete lunch consist of a sandwich, fresh fruit, snacks, dessert, and a water.

Drive by our location to drop off lunches Monday through Friday between 9:00am to 11:00am.

612 Lawton St. Redlands, CA 92374 www.redlandsfamilyservice.org