

Need Anger Management Classes?



*Anger does not solve anything; it builds nothing,
but it can destroy everything.*

Family Service Association is now enrolling for classes beginning February 3rd 2020

- Court approved with a rolling enrollment (anyone can start anytime)
- We accept court ordered minimum 12 week up to 52 week programs
- Two classes per week offered, Mondays or Wednesdays from 5:00pm to 6:30pm
- Small groups up to 15 participants per group
- Practical tips on controlling emotions, identifying triggers and how to manage escalated situations

Cost: \$25 per class

Location: 612 Lawton Street, Redlands, CA 92374

To enroll contact Kyra Stewart at 909-793-2673

About the Facilitator

Tina Smith is a certified Anger Management Facilitator and will be leading these important sessions. Ms. Smith most recently served as a Program Director for Family Service Association of Redlands and has over 20 years of progressive social service experience including education and program management.